



No scars, less pain and a quick return to your busy life

500,000  
HYSTERECTOMIES<sup>1,2</sup>

are performed each year in the U.S.

The average age a woman receives a hysterectomy is

40-45  
years old.

## vNOTES

vNOTES (vaginal natural orifice transluminal endoscopic surgery) is a minimally invasive gynecologic approach using the vagina as a surgical access route. Hysterectomy is the most common procedure performed via the vNOTES technique.

## vNOTES PROCEDURES

- Hysterectomy
- Salpingectomy
- Oophorectomy
- Salpingo-oophorectomy
- Cystectomy

## CONDITIONS TREATED BY vNOTES

- Adnexal pathology
- Abnormal uterine bleeding
- Chronic pelvic pain
- Fibroids
- Prolapse of the uterus

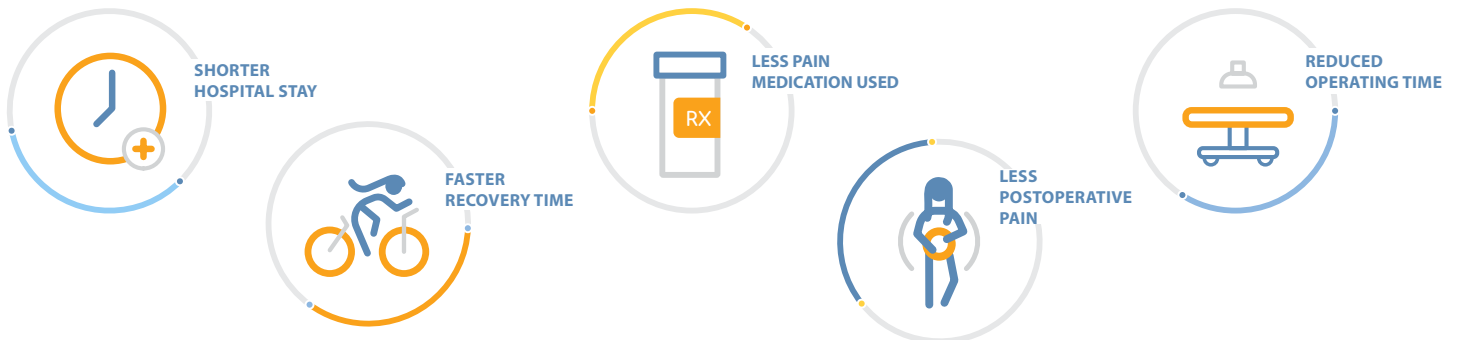
## SURGICAL SOCIETY RECOMMENDATIONS

The following surgical societies have recommended vaginal hysterectomy, whenever feasible, as the approach of choice:<sup>4,5</sup>

- American College of Obstetricians and Gynecologists (ACOG)
- American Association of Gynecologic Laparoscopists (AAGL)

## BENEFITS

vNOTES has been shown to provide the following benefits to patients compared to the laparoscopic approach:<sup>3</sup>



<sup>1</sup> Cohen SL, Ajaio MO, Clark NV, Vitonis AF, Einarsson JJ. Outpatient hysterectomy volume in the United States. *Obstet Gynecol.* 2017;130:130-7.

<sup>2</sup> Einarsson J. Are hysterectomy volumes in the US really falling? Contemporary OB/GYN website. Sept 1, 2017. Accessed July 9, 2020. <https://www.contemporaryobgyn.net/view/are-hysterectomy-volumes-us-really-falling>

<sup>3</sup> Baekelandt J. Hysterectomy by transvaginal natural orifice transluminal endoscopic surgery versus laparoscopy as a day-care procedure: a randomised controlled trial. *BJOG.* 2019 Jan;126(1):105-113

<sup>4</sup> Choosing the route of hysterectomy for benign disease. Committee Opinion No.701. American College of Obstetricians and Gynecologists. *Obstet Gynecol* 2017;129:e155-9.

<sup>5</sup> AAGL Position Statement: Route of Hysterectomy to Treat Benign Uterine Disease. *JMIG* 2011 Jan;18(1):P1-3.